

Lunch Menu for Rams Kitchen



DECEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
20000	* WE NOW OFFER LACTOSE FREE MILK AND SOY MILK	Pruts Grains Vegetables Protein		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Filet Spicy Chicken Sandwich Sun Butter & Jelly sandwich Corn	Chili w/Fritos CornBread Ham & Cheese Croissant Corn	Cheese, Pepperoni or SALAD BAR Sausage pizza AND MILK Fruit	6 Nachos w/ Cheese SALAD BAR AND MILK Salad Croissant	7 SALAD BAR AND MILK Tots Tuna Sub
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bacon BBQ Ranch Beans Franks SALAD BAR AND MILK Sandwich Sandwich	Pulled Pork Sandwich SALAD BAR Corn AND MILK Club Sandwich	Cheese, Pepperoni or SALAD BAR Meat lovers pizza AND MILK Fruit	SALAD BAR AND MILK STAND MILK Spaghetti w/ Meat Sauce Garlic Bread Sticks Turkey W/ Cheese Croissant	14 SALAD BAR AND MILK Ham & Cheese Sandwich
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
17 Popcorn Chicken Spicy Popcorn chicken Roll SALAD BAR AND MILK Sun Butter & Jelly Sandwich Corn	Cheeseburgers Hotdogs SALAD BAR AND MILK Turkey & Cheese Sandwich	Cheese, Pepperoni or SALAD BAR AND MILK Fruit	Chicken Nuggets Mashed Potatos SALAD BAR Peach Cup AND MILK Bologna & Cheese Sandwich	Grilled Cheese 1/2 DAY NO Fruit & Veggie SALAD BAR Treat
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
24	25 Merry Christmas	26	AND A HAPPY NEW YEAR!!!!!!	* EACH MEAL COMES WITH A CHOICE OF 1% FAT FREE , FF CHOC or FF STRAWBERRY MILK

All bread and tortillas are whole grain

*Menu subject to change

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