



# Breakfast Menu for Ram's Kitchen

FEB 2019

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1								1	Pancakes/syrup, Toast with jelly, Fruit juice and Milk
4	Biscuit & sausage gravy, Cereals, Toast w/ jelly; Fruit juice/Milk	5	Cinnamon rolls, Assorted cereals; Toast and jelly; Fruit, juice and Milk	6	Breakfast Sandwich, Cereals; Toast with jelly, Fruit juice and Milk <small>Early release</small>	7	Assorted muffins, Assorted cereals, Toast/jelly; Fruit, Milk <small>Early Release</small>	8	Breakfast Pizza, Assorted cereals, Toast/jelly; Fruit juice and Milk <small>Early Release</small>
11	Granola/fruit parfait, Bagel with cream cheese, Assorted cereals; Fruit, juice/Milk	12	Cinnamon rolls, Assorted cereals; Toast and jelly; Fruit and Milk	13	Egg english muffin w/ meat option; Toast with jelly, Assorted cereals; Fruit juice and Milk	14	French Toast/syrup, Toast and jelly, Assorted cereal; Fresh fruit and Milk	15	Ham & Cheese melt, Assorted cereals; Toast with jelly, Fruit juice and Milk
18	<b>NO SCHOOL</b>	19	Cinnamon rolls, Assorted cereals; Toast and jelly; Fruit juice and Milk	20	Granola/fruit parfait, Bagel with cream cheese, Assorted cereals; Fruit juice/Milk	21	French Toast/syrup, Toast and jelly, Assorted cereal; Fresh fruit and Milk	22	Breakfast Pizza, Assorted cereals, toast/jelly; Fruit juice and Milk
25	Assorted muffins, Assorted cereals, Toast/jelly; Fruit juice Milk	26	Cinnamon rolls, Assorted cereals; Toast and jelly; Fruit juice and Milk	27	Biscuit & sausage gravy, Cereals, Toast w/ jelly; Fruit juice/Milk <small>Early Release</small>	28	Egg english muffin w/ meat option; Toast with jelly, Assorted cereals; Fruit juice and Milk		

All Bread and Tortillas are whole grain

\*Menu subject to change

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