




Breakfast Menu for Ram's Kitchen

OCT 2021

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	Assorted Pop-Tarts Grapes
								Cereal	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
4	Bagels and Cream Cheese or Breakfast Pizza Apples	5	Breakfast Sandwich or Yogurt Oranges	6	Donuts and Grapes	7	French Toast Stick Watermelon	8	Assorted Scones and Fruit Medley
Cereal		Cereal		Cereal		Cereal		1/2 day	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
11	FALL BREAK	12	FALL BREAK	13	FALL BREAK	14	FALL BREAK	15	FALL BREAK
									
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
18	Bagel and Cream Cheese Yogurt & Granola Apples	19	Assorted Muffins Bananas	20	Cinnamon Roll Cantaloupe	21	Assorted Pop-Tarts or Yogurt Grapes	22	Breakfast Pizza Apples
Cereal		Cereal		Cereal		Cereal		Cereal	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
25	Yogurt and Granola Blueberries	26	French Toast Stick Watermelon	27	Donuts and Bananas	28	Breakfast Taco Oranges	29	Pop-Tarts or Yogurt Fruit Medley
Cereal		Cereal		1/2 day		Cereal		Cereal	

50% or more of all grains
are whole grains

*Menu subject to change

This institution is an equal opportunity provider
1% or 2% milk served with every breakfast