



# Breakfast Menu for Rams Kitchen



SEPTEMBER 2021

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				1	Cinnamon Roll with Apples	2	French Toast sticks with Oranges or Cereal	3	Yogurt and Granola with Seasonal fruit or Cereal
				Cereal		Half Day		Half Day	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
6	Bagel with Cream Cheese and Apple slices	7	Breakfast Sandwich and Melon	8	Donuts and Grapes	9	Breakfast Pizza with Bananas	10	Yogurt & Granola Fresh Fruit
Cereal		Cereal		Cereal		Cereal		Cereal	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
13	French Toast Sticks with Oranges	14	Assorted Muffins and Fresh Fruit	15	Cinamon Roll with Apple slices	16	Breakfast Burrito with Bananas	17	Yogurt and Granola with Watermelon
Cereal		Cereal		Cereal		Cereal		Cereal	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
20	Assorted Muffins and Apples	21	Bagels and Cream Cheese or Jelly with Bananas	22	Donuts and Strawberries	23	Breakfast Sandwich and Grapes	24	Yogurt and granola with Oranges
Cereal		Cereal		Cereal		Cereal		Cereal	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
27	Breakfast Pizza with Orange slices	28	Yogurt and Granola with Apples	29	French Toast sticks and Oranges or Cereal	30	Assorted muffins and Bananas		
Cereal		Cereal		Half day		Cereal			

\*Menu subject to change

"USDA is an equal opportunity provider and employer"

<%50 grains whole grains

%1 or %2 milk served with every meal

