






Lunch Menu for Rams Kitchen



Oct-21

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	1) Cheese Tortellini with Alfredo/Marinara 2) Ham and Veggie Sandwich Peas
								SALAD BAR AND MILK	
4	1) Grilled Cheese Sandwich 2) Fresh Vegetable and Turkey Sandwich Corn	5	1) Chicken n' Cheese Mini Burritos 2) Bean and Cheese Burritos Spanish Rice	6	1) Cheese pizza 2) Pepperoni pizza 3) Chef's special Cherry Tomato/Cucumber Blend	7	1) Orange Chicken with Jasmine Rice 2) Sweet & Sour Chicken with Jasmine Rice and Cali Blend Veg	8	1) Hot Pocket 2) Veggie Sandwich Strawberry Applesauce and Carrots
SALAD BAR AND MILK		SALAD BAR AND MILK		SALAD BAR AND MILK		SALAD BAR AND MILK		HALF DAY	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
11	FALL BREAK	12	FALL BREAK	13	FALL BREAK	14	FALL BREAK	15	FALL BREAK
									
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
18	1) Pulled Pork BBQ Sandwich 2) Breaded Chicken Sandwich Baked Beans	19	1) Enchilada Verde 2) Soft Chicken Taco Rice and Refried Beans	20	1) Cheese Pizza 2) Pepperoni Pizza 3) Chef's Special Corn	21	1) Italian Meatball Sandwich 2) Buffalo Chicken Wrap Green Beans	22	1) Breakfast for lunch 3) Ham and Cheese Sandwich Hashbrown
SALAD BAR AND MILK		SALAD BAR AND MILK		SALAD BAR AND MILK		SALAD BAR AND MILK		SALAD BAR AND MILK	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
25	1) Chili Cheese Fries & Texas Toast 2) Turkey Avocado Wrap & Peas	26	1) Beef Taco 2) Chicken Taco Black Beans	27	1) Hot Pockets 2) Corn Dog Fruit Cup	28	1) Cheeseburger or Hamburger 2) Cob Salad Seasoned Sweet Potato Fries	29	1) Meatloaf 2) Chicken Nuggets Mashed Potatoes Treat
SALAD BAR AND MILK		SALAD BAR AND MILK		HALF DAY		SALAD BAR AND MILK		SALAD BAR AND MILK	

50% or more of all grains are whole grains

*Menu subject to change

This institution is an equal opportunity provider

* Dairy, meat, and gluten alternatives available with 1 week advanced notice.