



# Lunch Menu for Rams Kitchen



Nov-21



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	1) Grilled Cheese Sandwich 2) Veggie Wrap Carrots/TBA	2	1)Spaghetti & Meat/No-Meat Marinara 2) Ham and cheese Sandwich Peas	3	1)Cheese pizza 2)Pepperoni Pizza 3)Meat lovers Green Beans	4	1) Mac & Cheese 2) Ham & Veggie Sandwich Broccoli	5	1) Orange Chicken 2) Sweet & Sour Chicken Jasmine Rice and Cali Veg Blend
8	1) Pulled Pork Sandwich 2) Hot Dog Sweet Potato Fries	9	1) Enchilada Verde 2) Bean & Cheese Burrito Corn	10	1)Cheese pizza 2)Pepperoni Pizza 3)Meat lovers Black Beans	11	VETERANS DAY NO SCHOOL	12	1)Breakfast For Lunch 2) Ham & Cheese Melt Hashbrowns
15	1) Popcorn Chicken 2) Spicy Popcorn Chicken Peas	16	1) Chicken and Green Chile Mini Burritos 2) Soft Chicken Taco Refried Beans	17	1) Hot Pocket 2) Corn Dog Carrots	18	SALAD BAR AND MILK Thanksgiving Turkey Dinner	19	1) Grilled Cheese Sandwich 2) Veggie Wrap Tomato-Cucumber Blend
22	1) Breaded Chicken Patty 2) Spicy Chicken sandwich French Fries	23	1)Nachos Meat/No Meat Option 2)Veggie Sandwich Black Beans	24	NO SCHOOL THANKSGIVING BREAK	25		26	NO SCHOOL THANKSGIVING BREAK
29	1)Spaghetti & Meat/No-Meat Marinara 2) Ham and cheese Sandwich Peas	30	1) Beef Taco 2) Chicken Quesadilla Black Beans						

\*Vegetarian/gulten free meals provided with advance notice

\*At least %50 whole grain food weekly

\* Sunflower butter and jelly sandwiches always available

\*Equal opportunity employer \* Menu subject to change