



# Lunch Menu for Rams Kitchen

Jan-22

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	1) BBQ Pulled Pork Sandwich 2) Ham & Cheese Melt Corn	4	1) Spaghetti & Marinara Meat/No Meat Option 2) Veggie/Bacon/Avocado Wrap	5	1) Cheese Pizza 2) Pepperoni Pizza 3) Chef's Specialty Green Beans	6	1) Chicken Nuggets 2) Spicy Chicken Nuggets	7	1) Mac N' Cheese 2) Chili Cheese Fries Corn
SALAD BAR		SALAD BAR		SALAD BAR		SALAD BAR		SALAD BAR	
10	1) Grilled Cheese Sandwich 2) Club Sandwich Wrap Cherry Tomato/Cucumber Italiano	11	1) Bean and Cheese Burrito 2) Chicken Taquito Black Beans	12	1) Cheese Pizza 2) Pepperoni Pizza 3) Chef's Specialty Green Beans	13	1) Spaghetti & Marinara Meat/No Meat option 2) Ham & Veggie Sandwich Broccoli	14	1) Corn Dog 2) Ham & Cheese Hot Pocket 3) Veggie Wrap Carrots
SALAD BAR		SALAD BAR		SALAD BAR		SALAD BAR		1/2 DAY	
17	NO SCHOOL	18	1) Chicken Taco 2) Enchilada Verde Corn	19	1) Cheese Pizza 2) Pepperoni Pizza 3) Chef's Specialty Green Beans	20	1) Baked Chicken 2) Tuna sandwich Baked beans	21	1) Pretzel With Cheese Dip 2) Breadsticks With Marinara Cherry Tomato & Cucumber Italiano
NO SCHOOL		SALAD BAR		SALAD BAR		SALAD BAR		SALAD BAR	
24	1) Chicken Sandwich 2) Spicy Chicken Sandwich 3) Veggie Wrap Peas	25	1) Spaghetti & Marinara Meat/No Meat Option 2) Veggie Wrap Green Beans	26	1) Hot Pockets 2) Corn Dog 3) Veggie Wrap Carrots	27	1) Breakfast For Lunch 2) Veggie Wrap Hashbrown	28	1) Pretzel w/ Cheese dip 2) Tuna sandwich Corn
SALAD BAR		SALAD BAR		1/2 DAY		SALAD BAR		SALAD BAR	
31	1) Orange Chicken With Fried Rice 2) Chicken Egg Rolls 3) Veggie Egg Rolls Cali Blend Veg								
SALAD BAR									

All bread and tortillas are whole grain

\*Menu subject to change

A full buffett style salad bar is available during every lunch period.

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Vegetarian sunflower butter and jelly sandwich option always available.