





Lunch Menu for Rams Kitchen

Sept 2022

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1 Half Day	1) Mozzarella Sticks 2) Breaded Chicken Broccoli spears	2 Half Day	1) Bean and Cheese Burritos 2) Pork and Red Chili Tamales Grapes and Celery
5 Salad Bar	1) Orange Chicken 2) Korean BBQ Pork Broccoli and Jasmine Rice	6 Salad Bar	1) Chili Frito Pie 2) Mexican Bean Torta Corn	7 Salad bar	1) Cheese Pizza 2) Pepperoni Pizza 3) Supreme Pizza Carrots	8 Salad Bar	1) Beef Stroganoff 2) Noodles with Alfredo Sauce California Veggie Blend	9 Salad bar	1) Hamburger 2) Cheeseburger 3) Vegan Burger Fries
12 Salad Bar	1) Breaded Chicken Patty Sandwich 2) Lemon/Dill Chicken Filet Carrots, Cucumber, Bell Pepper, Hummus	13 Salad Bar	1) Corn Dog 2) Club Sandwich Carrots	14 Salad Bar	1) Cheese Pizza 2) Pepperoni Pizza 3) Chef's Pizza Special Green Beans	15 Salad Bar	1) Fried Chicken 2) Baked BBQ Chicken Mashed potatoes	16 Salad Bar	1) Spaghetti and Meat/no Meat Marinara 2) Ham Sandwich Broccoli
19 Salad Bar	1) Sloppy Joe 2) Spicy Chicken Patty on open-face bun Fries	20 Salad Bar	1) Cheese Enchilada 2) Bean and Cheese Burrito Green Beans	21 Salad Bar	1) Cheese pizza 2) Pepperoni pizza 3) Meat Lover's Supreme Broccoli	22 Salad Bar	1) Melted Ham and Cheese Croissant 2) Tuna Melt 3) Veggie Burger Seasoned Tomato Wedges	23 Salad Bar	1) BLT Wrap 2) Veggie Wrap Southwest Black Bean Salad
26 Salad Bar	1) Chicken Alfredo or Vegetarian Alfredo 2) Grilled Cheese Broccoli	27 Salad Bar	1) Hamburger 2) Hot Dog 3) Veggie/vegan Dog Seasoned Fries	28 Half Day	1) Calzone 2) Mozzarella Sticks Carrots	29 Salad Bar	1) Bavarian Pretzel with Cheese Sauce 2) Sloppy Joe Peas	30 Salad Bar	1) Spaghetti and Meat/no Meat Marinara 2) Ham Sandwich Green Beans

<50 bread and tortillas are whole grain

*Menu subject to change
%1 & FF reg & choc milk
Dairy free, gluten free, and Halal options available.

This institution is an equal opportunity provider
Full salad bar included in all full-day lunch services
Vegetarian PB&J always an option