



Breakfast Menu for Rams Kitchen



SEPTEMBER 2022

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1	1) Pop-Tart 2) Cereal Bar Nectarines	2	1) Breakfast Burrito 2) Yogurt & Granola Peaches
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
5	1) Breakfast Sandwich 2) Muffin Grapes	6	1) Assorted Muffins 2) Yogurt & granola Apples	7	1) Donuts 2) Cereal Bar Bananas	8	1) Bagels & Cream Cheese 2) Breakfast Burrito Strawberries	9	1) Yogurt & Granola 2) Breakfast Bar Oranges
Cereal		Cereal		Cereal		Cereal		Cereal	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
12	1) Assorted Muffins 2) Yogurt & Granola Apples	13	1) French Toast sticks 2) yogurt Parfait Grapes	14	1) Cinnamon Rolls 2) Muffins Watermelon	15	1) Breakfast Burrito 2) Yogurt & Granola Peaches	16	1) Bagels & Cream Cheese 2) Pop-tart Bananas
Cereal		Cereal		Cereal		Cereal		Cereal	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
19	1) Assorted Muffins 2) yogurt & Granola Parfait Pears	20	1) Pancakes 2) Yogurt and Granola Watermelon	21	1) Donuts 2) Cereal bar Strawberries	22	1) Biscuits & gravy 2) Muffin Grapes	23	1) Yogurt & Granola 2) Pop-tart Oranges
Cereal		Cereal		Cereal		Cereal		Cereal	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
26	1) Breakfast Pizza 2) Blueberry Muffins Oranges	27	1) Blueberry Yogurt & Granola 2) Pop-Tart Pears	28	1) Cinnamon Rolls 2) Muffin Bananas	29	1) Breakfast Sandwich 2) Muffins Nectarines	30	1) French Toast Sticks 2) yogurt & Granola Strawberries
Cereal		Cereal		Cereal		Cereal		Cereal	

*Menu subject to change

"USDA is an equal opportunity provider."

%1 or %2 milk served with every meal

Gluten Free, Vegan and Halal food available

<%50 grains whole grains