




# Breakfast Menu for Ram's Kitchen



**NOV 2022**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		1	Yogurt and granola Bananas	2	Donuts and grapes	3	Breakfast Pizza Watermelon	4	Bagel & Cream Cheese Strawberries Hot Chocolate
		Cereal and Milk		Cereal and Milk		Cereal and Milk		Cereal and Milk	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
7	Breakfast Sandwich and Oranges	8	Yogurt and Granola Bananas	9	Danish and Apples	10	French Toast Sticks	11	NO SCHOOL
Cereal and Milk		Cereal and Milk		Cereal and Milk		Cereal and Milk		NO SCHOOL	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
14	Yogurt and granola Watermelon	15	Bagels & Cream Cheese Oranges	16	Donuts and Apples	17	Yogurt and Granola Fruit Cup	18	Breakfast Sandwich and Strawberries Hot Chocolate
Cereal and Milk		Cereal and Milk		Cereal and Milk		Cereal and Milk		Cereal and Milk	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
21	Bagel & cream cheese Apples	22	Assorted muffins Grapes	23	NO SCHOOL	24	Happy Thanksgiving 	25	NO SCHOOL
Cereal and Milk		Cereal and Milk		NO SCHOOL		Happy Thanksgiving		NO SCHOOL	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
28	Pop Tarts & Oranges	29	Assorted Scones Bananas	30	Donuts or Yogurt and Granola Hot Chocolate				
Cereal and Milk		Cereal and Milk		HALF DAY					

%50 or more of grains  
and whole grains

"This institution is an equal opportunity provider." Vegan/GF/Halal/Dairy Free meals available.  
All breakfast comes with milk or an acceptable dairy substitute