



# Lunch Menu for Rams Kitchen

Jan-23

| MONDAY |   | TUESDAY |   | WEDNESDAY |   | THURSDAY |   | FRIDAY |  |
|--------|---|---------|---|-----------|---|----------|---|--------|--|
| 2      | NO SCHOOL   | 3       | 1) Spaghetti & Marinara Meat/No Meat Option<br>2) Carbonara Broccoli      | 4         | 1) Cheese Pizza<br>2) Pepperoni Pizza<br>3) Meat Lover's Green Beans        | 5        | 1) Chicken Nuggets<br>2) Spicy Chicken Nuggets                                      | 6      | 1) Hamburger<br>2) Cheeseburger Seasoned Fries           |
| 9      | 1) Pretzel With Cheese Dip<br>2) Breadsticks With Marinara<br>Cherry Tomato & Cucumber Italiano | 10      | 1) Bean and Cheese Burrito<br>2) Chicken Taquito Black Beans              | 11        | 1) Cheese Pizza<br>2) Pepperoni Pizza<br>3) Meat Lover's Green Beans        | 12       | 1) Spaghetti & Marinara Meat/No Meat option<br>2) Ham & Veggie Sandwich<br>Broccoli | 13     | 1) Corn Dog<br>2) Hot Dog Carrots                        |
| 16     | NO SCHOOL   | 17      | 1) Beef Taco<br>2) Enchilada Verde Corn                                   | 18        | 1) Cheese Pizza<br>2) Pepperoni Pizza<br>3) Chicken Bacon Ranch Green Beans | 19       | 1) Baked Chicken<br>2) Tuna sandwich<br>Baked beans                                 | 20     | 1) BBQ Pulled Pork Sandwich<br>2) Ham & Cheese Melt Corn |
| 23     | 1) Chicken Sandwich<br>2) Spicy Chicken Sandwich<br>3) Veggie Wrap Peas                         | 24      | 1) Spaghetti & Marinara Meat/No Meat Option<br>2) Veggie Wrap Green Beans | 25        | 1/2 DAY<br>1) Cheese Pizza<br>2) Pepperoni Pizza<br>Carrots                 | 26       | 1) Breakfast For Lunch<br>2) Veggie Wrap Hashbrown                                  | 27     | 1) Pretzel w/ Cheese dip<br>2) Grilled Cheese Corn       |
| 30     | 1) Orange Chicken With Fried Rice<br>2) Chicken Egg Rolls<br>3) Veggie Egg Rolls Cali Blend Veg | 31      | 1) Mac N' Cheese<br>2) Chili Cheese Fries Corn                            |           |   |          |   |        |  |

\*Menu subject to change

"This institution is an equal opportunity provider."

<=50 whole grains

Vegan/Halal/non-dairy options

Vegetarian sunflower butter and jelly sandwich option always available.