



Breakfast Menu for Rams Kitchen



SEPTEMBER 2023

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	1) French Toast Sticks 2) Yogurt & Granola Peaches
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
4	NO SCHOOL	5	Cereal 1) Assorted Muffins 2) Yogurt & granola Apples	6	Cereal 1) Donuts 2) Cereal Bar Bananas	7	Cereal 1) Bagels & Cream Cheese 2) Breakfast Burrito Strawberries	8	Cereal 1) Yogurt & Granola 2) Breakfast Bar Oranges
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
11	Cereal 1) Assorted Muffins 2) Yogurt & Granola Apples	12	Cereal 1) French Toast sticks 2) Yogurt Parfait Grapes	13	Cereal 1) Cinnamon Rolls 2) Muffins Watermelon	14	Cereal 1) Breakfast Burrito 2) Yogurt & Granola Peaches	15	Cereal 1) Bagels & Cream Cheese 2) Pop-tart Bananas
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
18	Cereal 1) Assorted Muffins 2) Yogurt & Granola Parfait Pears	19	Cereal 1) Pancakes 2) Yogurt and Granola Watermelon	20	Cereal 1) Donuts 2) Cereal bar Strawberries	21	Cereal 1) Biscuits & gravy 2) Muffin Grapes	22	Cereal 1) Yogurt & Granola 2) Pop-tart Oranges
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
25	Cereal 1) Breakfast Pizza 2) Blueberry Muffins Oranges	26	Cereal 1) Blueberry Yogurt & Granola 2) Pop-Tart Pears	27	Cereal 1) Cinnamon Rolls 2) Muffin Bananas	28	Cereal 1) Breakfast Sandwich 2) Muffins Nectarines	29	Cereal 1) French Toast Sticks 2) Yogurt & Granola Strawberries

*Menu subject to change

"USDA is an equal opportunity provider."

%1 or %2 milk served with every meal

Gluten Free, Vegan, and Halal foods available.

<%50 grains whole grains