





Lunch Menu for Rams Kitchen

Sept 2023

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	1) Mozzarella Sticks 2) Breaded Chicken Broccoli spears
4	LABOR DAY NO SCHOOL	5	1) Chili Frito Pie 2) Mexican Bean Torta Corn Salad Bar	6	1) Cheese Pizza 2) Pepperoni Pizza 3) Supreme Pizza Carrots Salad bar	7	1) Pesto Pasta w/chicken 2) Noodles Alfredo California Veggie Blend Salad Bar	8	1) Bavarian Pretzel w/ Cheese 2) Club Sandwich Carrots Salad bar
11	1) Spaghetti and Meat/no Meat Marinara 2) Ham Sandwich Broccoli Salad Bar	12	1) Hamburger 2) Cheeseburger 3) Vegan Burger Fries Salad Bar	13	1) Cheese Pizza 2) Pepperoni Pizza 3) Chef's Pizza Special Green Beans Salad Bar	14	1) Fried Chicken 2) Breaded Popcorn Shrimp Mashed potatoes Salad Bar	15	1) Jumbo All Beef Hot Dog 2) Chicken Strips Carrots Salad Bar
18	1) Sloppy Joe 2) Spicy Chicken Patty Fries Salad Bar	19	1) Cheese Enchilada 2) Bean and Cheese Burrito Green Beans Salad Bar	20	1) Cheese pizza 2) Pepperoni pizza 3) Meat Lover's Supreme Broccoli Salad Bar	21	1) Breaded Patty Chicken Sandwich 2) Lemon/Dill Chicken Filet Carrots, Cucumber, Bell Pepper, Hummus Salad Bar	22	1) BLT Wrap 2) Veggie Wrap Southwest Black Bean Salad Salad Bar
25	1) Noodles Alfredo 2) Grilled Cheese Broccoli Salad Bar	26	1) Philly Cheesesteak 2) Italian Meatball Sub Home-fried Potatoes Salad Bar	27	1) Calzone 2) Mozzarella Sticks W/ Marinara Carrots Half Day	28	1) Bavarian Pretzel with Cheese Sauce 2) Sloppy Joe Peas Salad Bar	29	1) Spaghetti and Meat/no Meat Marinara 2) Ham Sandwich Green Beans Salad Bar

<%50 bread and tortillas are whole grain

*Menu subject to change
%1 & FF reg & choc milk
Dairy free, gluten free, and Halal options available.

This institution is an equal opportunity provider
Full salad bar included in all full-day lunch services
Vegetarian PB&J always an option